



THE RITZ-CARLTON
NAPLES

AS



*Let us make the world
revolve around you.*

ESCAPE

The Ritz-Carlton Spa[®], Naples is an elegant oasis where guests are surrounded and pampered by natural wonders from the garden and sea. Here, gentle breezes dance among the cypress, mangrove and palm trees; delicate sand dollars reflect the bounty of the ocean; and pelicans, egrets and sea turtles enhance the landscape with beauty and grace.

MASSAGE

DEEP MUSCLE MASSAGE

50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sports related tension.

RELAXATION MASSAGE

50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

NATURALLY NURTURED MASSAGE

50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

STRESS RELIEF MASSAGE

50 MINUTES

Revive tired and fatigued muscles with this traditional massage using firm pressure to leave a feeling of revitalization and relaxation.

TRANQUILITY FOR TWO

50 MINUTES

Customized massage shared with a loved one or friend.





FACIAL

CUSTOM FACIAL

50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this expert facial that is tailored to your individual needs. Choose from Custom or Age-Defying Facial.

INCLUDES Cleanse, skin analysis, facial exfoliation, massage, mask and scalp massage

PERFORMED WITH ESPA PRODUCTS

VITAMIN C FACIAL

50 MINUTES

Vitamin C brightens the skin, while stimulating collagen production. It strengthens elasticity and reduces fine lines, wrinkles, discoloration and age spots.

INCLUDES Cleanse, skin analysis, facial exfoliation, mask and scalp massage





MEN

MUSCLE RECOVERY MASSAGE

50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to relieve common discomforts and sports-related tension.

RELAXATION MASSAGE

50 MINUTES
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to medium pressure and a blend of essential oils to melt away tension.

POWER HOUR

50 MINUTES
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

INCLUDES Full body salt & oil exfoliation, back massage

STRESS RELIEF MASSAGE

50 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

THE MEN'S FACIAL

50 MINUTES
Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double Cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



BEAUTY

MANICURE

50 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff



GUIDELINES

Guests of The Ritz-Carlton Spa, Naples must be 18 years of age or older to enjoy Spa services. Salon services are available to younger guests when accompanied by a parent or legal guardian. Please note that access to the spa amenities and massage appointments are reserved for hotel guests and spa members only. Local guests are welcome to schedule salon or facial services without access to locker room or spa amenities. Spa reservations agents will reserve treatment times and assist with selecting treatments.

Please notify The Spa reservations agent if you have high blood pressure, allergies, physical ailments, disabilities or are pregnant. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed. If you have a gender preference for your therapist, please request when scheduling your treatment.

For your enhanced comfort and relaxation, we suggest you arrive 30 minutes prior to your scheduled treatment to allow time to enjoy the lounges, saunas, steam rooms and whirlpools. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your pleasure. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

EACH SPA SERVICE CAN BE ENHANCED BY A ROUTINE THAT INCLUDES:

- + Revitalizing shower
- + Infrared sauna
- + Detoxifying session in the herbal steam room
- + Hot and cold water plunges
- + Soothing whirlpool
- + Mineral bath soak

Shaving is recommended but not necessary for men prior to a facial. If you choose to shave prior to your facial, be sure to allocate at least two hours between shaving and your appointment. Shaving is not recommended prior to body treatments or hair removal services. Most body treatments are enjoyed without clothing, however, disposable undergarments are available upon request. During all treatments, the body is fully draped except for the area being worked on. Robes and slippers are provided in lockers in the ladies' and gentlemen's lounges before and after treatments. This is your time and you should delight in the experience to the fullest. Your therapist will ask any preferences in the room temperature, the amount of massage pressure or the volume of the music. Please notify your therapist of any discomfort. We request that cell phones be turned off while in The Spa and The Salon. If you are a guest of the resort, please leave valuable items in your guest room safe. Otherwise, lockers are available for your personal items.

We accept all major credit cards. You may also charge services to your resort bill. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your spa appointment, please notify us 24 hours in advance of your scheduled time to avoid being charged a 100% cancellation fee. Cancellations for packages, personal training sessions, exercise class or private parties require 24-hour notice. A credit card number is required at the time of booking.

SPA GRATUITY

A 20% gratuity will be added to the price of the spa service for your convenience. At the time of check-out, please feel free to raise, lower or remove at your discretion.

HOURS OF OPERATION

SPA AND SALON:
10 a.m. – 5 p.m. Daily

LOCKER FACILITIES:
10 a.m. – 5 p.m. Daily

FITNESS CENTER:
6 a.m. – 7 p.m. with Attendant
Enter Fitness Center with room key when attendant is not on duty.

For more information, please contact the spa at 239.514.6100 or visit us at: www.ritzcarlton.com/naples



THE RITZ - CARLTON SPA

NAPLES

280 VANDERBILT BEACH ROAD, NAPLES, FLORIDA 34108 239.514.6100
RITZCARLTON.COM/NAPLES